

Eucharistic Adoration – A Cry From the Heart

Have you ever thought, “What would it be like to have lived when Jesus was on earth, to have been able to talk with Him face to face”? Well, when Jesus instituted the Eucharist at the Last Supper, He made it possible for us to do just that, to be with Him and to talk with Him face to face. The consecrated host we receive in Holy Communion is no longer bread but Jesus. We see Him under the form of bread so that, in faith, we will love Him even though we do not see His immense glory.

June 3, Pentecost Sunday, is the opening date for the **Perpetual Eucharistic Adoration Chapel at St. John Fisher Church in Pointe-Claire**. Here we will be able to talk with Jesus face to face as we gaze upon Him in the large consecrated host placed in a monstrance. We can talk about our concerns, our family issues, our needs, we can intercede for others and we can tell Him how much we love Him. We can thank Him for the privilege of receiving Him in Holy Communion. We can listen to Jesus speak to our hearts. We can adore Him. And we can do this at any time, day or night, any day of the week.

We would like to extend two invitations. First, please visit the Chapel at any time, especially if you are burdened. Guaranteed, you will leave at peace. The second is a very special invitation and it is to commit to one hour of adoration a week, a specific hour each week that you will spend with Our Lord. Just imagine the blessings God will pour out upon those who make this sacrifice, especially in the middle of the night. And blessings will be poured out beyond ourselves to our parishes, our neighborhoods, our province, our country and, yes, the whole world. God will not be outdone in generosity!

What Is The Eucharist?

The Eucharist is nothing less than Jesus’ complete and Personal gift of Himself to us – **Body, Blood, Soul and Divinity** – under the appearances of bread and wine. He hides His immense glory, beauty and dignity in the Blessed Sacrament because He wants us to come to Him in faith that we may love Him for Himself. The question today is, “Do we adore Him Whom we receive into our hearts in Holy Communion?”.

What Is Eucharistic Adoration?

Eucharistic adoration is an expression of our love for Jesus who loves us so much that He never wants to leave us and so stays with us day and night in the Blessed Sacrament. Eucharistic adoration consists of spending time with Our Lord. We may choose to pray, intercede for others, read scripture, enter into dialogue, be still and listen to Our Lord speaking to our heart or do all of these. What is important is our decision to be in this intimate relationship with Our Lord.

Jesus Wants To Be Adored

The clear, specific and unmistakable way in which Christ has consistently and repeatedly pleaded with mankind to adore Him is through appreciation of the gift of His total presence among us in the most Blessed Sacrament. Are we willing to spend time with Him in prayer who

is really, truly, physically, bodily and personally present to us in the most Blessed Sacrament? His appeal to His apostles in the garden is His appeal to us today: “*Could you not watch one hour with Me?*” His words to Saint Margaret Mary are even more valid today: “*Behold this Heart which has so loved men and which is so little loved in return...I thirst with such a terrible thirst to be loved by men in this sacrament of My love.*”

During His Eucharistic discourse, Jesus said: “*Indeed this is the will of My Father, that everyone who looks upon the Son and believes in Him, shall have eternal life. Him I will raise up on the last day.*” (John 6:40)

Mother Teresa Speaks Of Eucharistic Adoration

In the words of Mother Teresa, “The time you spend with Jesus in the Blessed Sacrament is the best time that you will spend on earth. Each moment that you spend with Jesus will deepen your union with Him and make your soul everlastingly more glorious and beautiful in Heaven, and will help bring about an everlasting peace on earth. When you look at the crucifix, you understand how much Jesus loved you. When you look at the Sacred Host you understand how much Jesus loves you *now*.”

The Perpetual Eucharistic Adoration Chapel

In the Perpetual Eucharistic Adoration Chapel, Jesus will be exposed in a monstrance for us to come and spend some time with Him, any time day or night. You are also invited to select a specific hour during which you will visit with Jesus each week.

The difference between spending time with Jesus in the Blessed Sacrament exposed in a monstrance, rather than in the tabernacle, is the same as the difference between two friends conversing face-to-face instead of having a closed door between them. Most adorers say that seeing Jesus under the appearance of the Sacred Host is much more conducive to intimacy than His being hidden in a tabernacle.

On June 3, a Chapel of Perpetual Eucharistic Adoration will open *for all* at St. John Fisher Church in Pointe-Claire. You are invited to visit the Chapel or you may wish to commit to a specific hour of weekly adoration.

To do so, or if you have any questions, please contact either Deacon Norm Riley at 697-6684, Kathleen Killen at 694-8913 or Brian Watson at 426-3883.

St. John Fisher Church is located at the corner of Valois Bay and Summerhill Avenues in Pointe-Claire (north of Hwy. 20 between boul. St. Jean and boul. Des Sources). The Montréal-Rigaud commuter train and buses are nearby.

**St. John Fisher Parish
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6.05.2001