

BLESSING OF FATHERS AND MEN

(Could be given at Sunday Mass in June & December – on Fathers' day and during the Christmas Season)

The Lord be with you. **And also with you.**

May God our Father grant all men to value life and freely become gifts of love, and inspire you always like Jesus to be there for others – especially the most vulnerable – ever showing gratitude to God and people with true words, generous service, and tender mercy. **Amen!**

May the Holy Spirit make you a stronghold for all women and fill them with joy as with your protection and support they generously and peacefully dispense tender care and nurture to their families and all persons in need, and may the Holy Spirit inspire wives to see and love you – who are their husbands – in Jesus Christ, and support you in your weakness as you serve your family and grow in leadership.
Amen!

May Jesus lead fathers and all men to deliberately live a life that is exemplary to help form the consciences and spirits of children and youth – first of all your own children and then all the young;
you who are fathers, may Jesus strengthen you with your wives in your efforts together to prepare your children for life;
and may Jesus grant all parents courage under trial, faith in doubt, trust in the face of defeat, kindness and fidelity, joy in the love of God and hope in adversity; so as to give your children the joy of knowing they are loved! **Amen!**

May the blessing of Almighty God, the Father, and + the Son, and the Holy Spirit descend upon you and remain with you forever. **Amen!**

Go in peace, to love and serve the Lord! **Thanks be to God!**

(Greeting according to the liturgical season or secular observance)