

## ***"A candle loses nothing by lighting another candle."***

*Sometimes they are called "retarded"... A few years ago, at the Seattle Special Olympics, nine contestants, all physically or mentally disabled, assembled at the starting line for the 100-yard dash.*

*At the gun, they all started out, not exactly in a dash, but with relish to run the race to the finish and win. All, that is, except one little boy who stumbled on the asphalt, tumbled over a couple of times, and began to cry.*

*The other eight heard the boy cry. They slowed down and looked back. Then they all turned around and went back.....every one of them.*

*One girl with Down's Syndrome bent down and kissed him and said, "This will make it better." Then all nine linked arms and walked together to the finish line.*

*Everyone in the stadium stood, and the cheering went on for several minutes. People who were there are telling the story.*

*Why? Because deep down we know this one thing: What matters in this life is more than winning for ourselves. What matters in this life is helping others win, even if it means slowing down and changing our course.*

*If you pass this on, we may be able to change our hearts as well as someone else's...*

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