

I'LL NEVER COMPLAIN AGAIN!

Back in the mid-1970s, a man was driving through Arizona and stopped at a gas station in the middle of a torrential downpour. This was in the days of "full-service" gas stations.

He sat inside his dry car while a man, who whistled cheerfully while he worked, filled up his tank in that awful rain.

As the customer was leaving, he said apologetically, "I'm sorry to get you out in this weather."

The attendant replied, "It doesn't bother me a bit. When I was fighting in Vietnam I made up my mind in a foxhole one day that if I ever got out of this place alive, I would be so grateful I'd never complain about anything again. And I haven't."

Taking responsibility for our attitudes is part of building a whole and happy life.

From Steve Goodier's ONE MINUTE CAN CHANGE A LIFE