

Nature Challenge: Top 10 steps

Below are the top 10 ways you can help conserve nature. Pick three and take the [Nature Challenge](#), a personal commitment to make a difference. Click on each to find out more.

1. [Reduce home energy use by 10%](#).
2. [Choose an energy-efficient home and appliance](#)
3. [Replace dangerous pesticides with alternatives](#).
4. [Eat meat-free meals one day a week](#).
5. [Buy locally grown and produced food](#).
6. [Choose a fuel-efficient vehicle](#).
7. [Walk, bike, carpool or take transit](#).
8. [Choose a home close to work or school](#).
9. [Support car-free alternatives](#).
10. [Learn more and share with family and friends](#).

Take the Challenge now!

Learn more: [Read the news release](#) about the launch of the Nature Challenge.

[Download the Green Guide](#), a comprehensive look at the 10 steps. (Adobe PDF)

[Download The Science of the Challenge](#). (Adobe PDF)

Nature Challenge

[10 Steps Overview](#)

[Save Energy](#)

[Choose Energy Stars](#)

[Eliminate Pesticides](#)

[Eat Less Meat](#)

[Buy Locally](#)

[Drive Smart](#)

[Walk, Bike or Transit](#)

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