

Make sure you read all the way down and click on the smiles - it is worth it

(This has 2 parts: a list and at the end, something to open--enjoy!)

**The most destructive habit.....Worry
The greatest Joy.....Giving
The greatest loss.....Loss of self-respect**

**The most satisfying work.....Helping others
The ugliest personality trait.....Selfishness
The most endangered species.....Dedicated leaders**

**Our greatest natural resource.....Our youth
The greatest "shot in the arm".....Encouragement
The greatest problem to overcome.....Fear**

**The most effective sleeping pill.....Peace of mind
The most crippling failure disease.....Excuses
The most powerful force in life.....Love**

**The most dangerous pariah.....A gossip
The world's most incredible computer.....The brain
The worst thing to be without... ..Hope**

**The deadliest weapon.....The tongue
The two most power-filled words....."I Can"
The greatest asset.....Faith**

**The most worthless emotion.....Self-pity
The most beautiful attire.....SMILE!
The most prized possession..... Integrity**

**The most powerful channel of communication.....Prayer
The most contagious spirit.....Enthusiasm**

Everyone needs this list to live by...pass it along!!!

Helping others SMILE SMILE while learning

Something to SMILE about in the city